

Where to From Here?



Information for young people with a disability
and their families when considering post
school options in Galway

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Introduction

Welcome to Community HealthCare West Disability Services information booklet!

We hope that this booklet will support you and your family as you embark on leaving school and moving into further education and training or Adult Disability Day Services. This book provides an overview of disability services and supports that are currently being offered in Galway City and County.

Where to Start?

- Leaving school can be both an exciting and nerve racking time. We hope that the information in this book will help answer some of your queries and give you guidance about where to look for information.
- Your Career Guidance and/or Teacher will also support you in looking at after school options.
- If you would like support to explore HSE funded services that are listed in this book or would like guidance about further education and training, complete a referral form and send into: disabilitydayservices.cho2@hse.ie
- You can contact either of the Day Opportunities and Guidance Officers in the contact information page.

What services are available?

- Services are based across Galway City and County
- Education
- Rehabilitative Training
- Vocational Support
- Day Services

How do I know which one is right for me?

- You will have the opportunity to visit a service or view a service model.
- Some services offer an Open Day. Your Day Opportunities and Guidance Officer will inform you of the dates and times.
- An Information Fair is held in October each year; you will get an opportunity to meet staff from the various services.
- In some services they offer sampling, where you can spend some time partaking in the programme they offer.
- You will have a Day Service and Guidance Officer linked to you and your family who will support your decision making process.

Where can I access information?

- This booklet will provide you with examples of services that are in Galway City and County.
- You will find contact information for each service throughout the book.
- Movin' On - Transition to Adult Services for Young People with a Disability in County Galway can be accessed at this link on the Community Healthcare West YouTube channel
<https://bit.ly/3wuRa1M>
- New Directions information available on
<https://www.hse.ie/eng/services/list/4/disability/newdirections/> .
- Further resources are outlined in the last section of this booklet.

What happens next?

Referral is completed

- The referral form is completed by you/ parent/ family representative/ guardian/ Teacher/ Multidisciplinary Team.
- Referrals are completed the Summer before your final year in School.
- It is sent to the Day Opportunities and Guidance Service Team.

Referral is received

- The referral is reviewed and acknowledged.
- The Day Opportunities & Guidance Officer will be in contact with your family member and the person who sent in the referral.

Meet with Day Opportunities & Guidance Officer

- We will arrange to meet with you and your parent/guardian.
- We will explore options such as further education, day services or training.
- We will explain the process in detail.



If you are eligible and decide that you would like to pursue a Day Service or a Rehabilitative Training place:

Profiling is planned

- Profiling takes place with you, your family member/guardian, school staff and other relevant personnel.
- We aim to have this completed by the second term of the final year in secondary school.

Sampling /
Visits

- You may get the opportunity to visit and in some services sampling is required.
- This ensures that you can gather the necessary information to make an informed choice and also that the service can meet your needs.

Application
to services

- You, alongside your family member, and possibly other people that are supporting you through the Children's Network Team, will support you to complete an application to your chosen service.
- Exchange of information takes place and transition planning is initiated.

Funding &
assignment
of Service
Provider

- In early summer of the school-leaving year, following profiling analysis outcomes, the HSE will allocate funding to the Service Providers.
- Services will offer a Day Service or Training (RT) programme place to the individual and will commence the development of an individual person-centred plan.

Day Service
or RT
commences

- In early Autumn, the Day Service or Training (RT) programme commences.



Contact Information

Central email address: Disabilitydayservices.cho2@hse.ie

Contact: Anne Silke
Phone: 091-512836
Email: anne.silke@hse.ie
Address: Day Services Opportunities & Guidance Service,
Disability Services,
Crospon Building (Unit 7) IDA Business Park,
Dangan,
Galway.
H91 P2DK

Contact: Gillian Raftery
Phone: 09344031 or 0871875236
Email: gillian.raftery2@hse.ie
Address: Day Service Opportunities and Guidance Service
Disability Services,
The Grove,
Vicar St, Tuam,
Co Galway.
H54RD00

Training (RT) Centres

St Joseph's Training Centre	Ability West	Galway City Tuam
Apple Tree	BOCSI - Galway	Loughrea
Blue Teapot	Brothers of Charity & Ability West Galway City	Galway City
Duirling Services	Brothers of Charity Services Casla, South Connemara	Connemara
Compass	RehabCare	Galway City
National Learning Network	NLN	Galway City



St. Joseph's Training Services

Who do we support?

Ability West operates St. Joseph's Training Services which currently provides a Rehabilitative Training (RT) programme in Galway City and Tuam (*service locations may vary and are dependent on enrolment numbers for that year).



- We support young adults who have left school
- We support those who want to learn and develop a range of independent living and social skills
- We support people who express an interest in further education and training at QQI levels 1 and 2
- We support individuals who wish to develop their social communication skills through our Communication for Life Programme
- We support individuals who may have an interest in developing employment skills through our Work Experience/Job Coach Programme
- We support individuals who are striving towards a more independent self with a tailored Person Centred Programme with QQI levels 1 and 2 certification
- We support those who wish to explore their potential to benefit from our programmes in a holistic and person-centred manner


How do we support?

- Each trainee has an annual review and an Individual Training Plan to guide their training time with Ability West
- Trainees are matched to programmes based on their individual preferences, needs and ability
- Our training is QQI accredited and rehabilitative in focus
- The rehabilitative training programmes are funded by the HSE
- The course is full-time, Monday to Friday, 30 hours per week over 3 years
- Trainees receive 30 annual leave days
- We support individuals via a team of instructors in various subject areas to achieve nationally recognised QQI certification
- We operate a total communication environment to support trainees' speech, language and communication needs
- We support people to access opportunities to further education within the local community
- We work closely with local businesses to deliver a work experience programme with the assistance of job coaches

- In addition to the QQI courses we also offer trainees opportunities to enhance their learning, therapeutic and health and social gain by way of various in-house and community activities
- We offer a comprehensive social skills curriculum based around elements including video modelling and role playing with the overall aim of generalisation across different social environments

For more information:

Contact: Matthew Ellis, Manager, St. Joseph's Training Services
Phone: 091 522113 or HQ - 091 540900
Email: matthew.ellis@abilitywest.ie
Address: Ability West, Blackrock House, Salthill, Galway, H91 R254
Website: www.abilitywest.ie

Get social with us: 



Apple Tree Loughrea

Who do we support?

School-leavers with intellectual disability



How do we support?

The centre offers a 4-strand programme:

1. Formal Education: QQI programmes leading towards certification in General Learning (level 2) and Employability Skills (level 3); Community-based education through Galway and Roscommon Education and Training Board (GRETB) and Galway Rural Development (GRD); and supported on-line learning through National Adult Literacy Agency (NALA)
2. Community Integration: Incorporating personal development and social connectedness
3. Independent Living: Practical skill development including personal safety
4. Work Skills: including project work and work experience

Where are we located?

- Loughrea Town

For more information:

Contact: Amy Riddell
Phone: 091 842405
Email: Amy.riddell@bocsi.ie
Address: Millennium House 1st Floor,
West Bridge, Loughrea, Co.
Galway



Blue Teapot

Blue Teapot Theatre Company is an award winning Theatre Company, Performing Arts School and Community Theatre programme for people with intellectual disabilities. Our mission is to empower freedom of artistic expression and unlock diverse creative potential through inclusive theatre practice.

Who do we support?

Adults and teenagers with mild to moderate intellectual disability



How do we support?

Blue Teapot has three programme strands, each offering a pathway to a fully realised creative life for people with an intellectual disability:

- **Theatre** – professional ensemble of actors who work to radically transform theatre practices by telling stories through the lens of disability- paving the way for inclusive practices to become the norm.
- **Performing Arts School** – accredited provider of a three-year performing arts training programme that leads to certification in QQI Levels 2 and 3. Our ethos is to give learners quality arts experience of equal importance to that of required learning outcomes. Tutors are subject matter experts with a wealth of knowledge in creative arts. In addition to performing arts modules we also provide classes in Literacy/ IT and Life Skills. Recruitment for the programme is now on an annual basis.
- **Community Theatre Programme** – two theatre programmes that cater for adults, Bright Soul, or youth, Sparkle, who are curious about performance and the opportunity to participate in fun and fearless creative workshops.

For more information:

Phone: 091 520977 or 087 652 01 46

Email: training@blueteapot.ie or info@blueteapot.ie

Website: www.blueteapot.ie

Social Media: Facebook: [blueteapottheatrecompany](https://www.facebook.com/blueteapottheatrecompany)

Instagram: [blueteapottheatre](https://www.instagram.com/blueteapottheatre)



Duirling

Ionad Oiliúna Athshlánúcháin

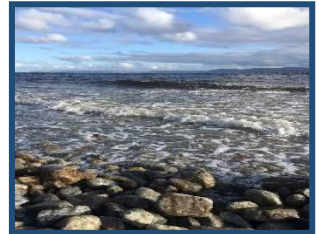
Who do we support?

Young adults with intellectual disability who are graduating from school.

How do we support?

Is clár oiliúna athshlánúcháin é Ionad Duirling atá faoi chúram Sheirbhísí Bruach na Mara i gConamara Theas. Cuirtear an clár seo ar fáil do dhaoine le míchumas intleachta atá idir 18 bliain d'aois agus 25 bliain d'aois.

- Duirling RT is a 3 year programme that offers formal education at QQI levels 1-3.
- Leading towards certification in Level 1 and 2 - General Learning.
- Level 3 – Communications, Health Safety Awareness, Computer Literacy, Digital Media, Internet Skills, Self-Advocacy, Career Preparation, and Personal and Interpersonal Skills.
- A Personal Development, Relationships and Sexuality course is also delivered. Individuals may also participate in on-line training courses.



Educational needs are supported on site by teachers from Galway Roscommon Education and Training Board (GRETB).

For more information:

Contact: Claire Barry
Phone: 091 506865
Address: Duirling RT – Ionad Oiliúna
Athshlánúcháin, Aonad 10, Eastát
Tionsclaíochta, Casla, Co. na
Gaillimhe H91 E76C

Email: RT_bnm@bocsi.ie

Website: www.brothersofcharity.ie/galway/services/adult-west



Compass

Who Are We?

Compass Outreach Services



Who Do We Support?

A Person Centred Support Service for individuals with a Diagnosis of Autism Spectrum Disorder (Level 1). Compass is an acronym for Community Partnership Asperger Support Service

How Do We Support?

Compass is aimed at adults with Level 1 Autism Spectrum Disorder (ASD) who would benefit from targeted short-term supports. Compass provides supported access to community and local resources; it is not a social care service. It aims to build capacity and independence and is underpinned by New Directions policy. Participants avail of the project for 18 months.

Compass engages participants using a person centred approach. It facilitates people with level 1 ASD who are marginalised supporting them to participate in their local community in line with their choices, aspirations and needs. Compass aims to see the world through the individual's ASD lens. Through this perspective we can better support individuals navigate social and personal challenges. This enables us to jointly set goals and prioritise areas of support, so that people maximise their social capability, personal potential and quality of life.

For More Information:

Contact: Mervyn Swords (Community Service Manager)

Phone: 087 3671311

Email: Mervyn.Swords@rehabcare.ie

Address: COMPASS, ILAS, Upper Newcastle Road, Galway (H91 C7DK)

Website: www.rehabcare.ie

Plans For Me & Explore

National Learning Network

Investing in People, Changing Perspectives

Who do we support?

National Learning Network (NLN) provides a range of flexible training courses and support services for people who need specialist support (job seekers, unemployed, people with an illness or disability) in 50 centres around the country. The SOLAS courses and HSE programmes, all of which include work experience, offer nationally recognised qualifications including QQI, ECDL, and ensuring that students are ready to take the next step in getting a job or to go on to further education.

How do we support?

We promote equality by providing world-class training, education and employment access services, and by actively influencing the creation of a more inclusive society.

For more information:

Contact: Patrick Hannon - Area Manager
Phone: 091 756650 / 086 0432617
Email: galway@nlm.ie
Address: NLN Horizon Business Park, Ballybrit, Galway H91XHY2
Website: www.nlm.ie

More detailed information about the courses NLN offer are detailed below and on the following pages.

Plans for Me Programme (Level 2)

Personal Development & Person-Centred Planning. This programme is designed to provide students with opportunities to learn the skills, knowledge and attitudes needed to develop personal effectiveness and self-advocacy skills, become more independent in social & vocational situations, operate in a supported community situation and progress onto further training or education.

Contact: Sheila Forde or Orla Turley – Instructors

Phone: 086 0200021 **Email:** orla.turley@nlm.ie

Explore Programme

The Explore programme is a person centred outreach support service for school leavers over the age of 18 who have a diagnosis of Autism Spectrum Disorder (ASD). Explore provides community supports for life, vocational and social goals. Support is provided by an Autism Outreach Support Worker and is guided by the person's individual needs and level of support required.

Referrals: Referrals are made through the HSE Day Services Opportunities and Guidance Service.

Contact: Patrick Hannon - Area Manager

Phone: 091 756650 / 086 0432617

Email: patrick.hannon@nln.ie

National Learning Network

Investing in People, Changing Perspectives

City Based Day Services

Croilar	Ability West
Sli Eile	Ability West
Arts Alive	BOCSI – Galway Services
Avoca	BOCSI – Galway Services
Carra	BOCSI – Galway Services
Fáilte Community Services	BOCSI – Galway Services
Four Seasons	BOCSI – Galway Services
Raleigh Row	BOCSI – Galway Services
Bridge Programme (Galway)	Irish Wheelchair Association
Galway Resource Centre	RehabCare
Oasis	RehabCare
Rise Service	RehabCare



Croílár

Who do we support?

- We support adults who have left school, 18 years of age and above.
- We provide services to adults with an Intellectual Disability presenting with various ability levels and co-morbidities.
- We support individuals who wish to develop their social and independent living skills who are striving towards a more independent self through our holistic and Person Centered programmes.

How do we support?

Croilar hub provides a base though which people can plan their future with the support of their key workers. This is supported through accessing further education, work experience and social opportunities.

Each person is supported to make individual choices based on their needs and abilities to achieve social role valorisation in collaboration with New Directions 12 supports. Through this, people are supported in increasing their independence by developing their life skills and connections with the local community.

For more information:

Contact: Bridget Donnellan
Phone: 091 755031/ 087 3639034
Email: ndg2@abilitywest.ie
Address: Tuam Road Retail Centre H91 YH34
Website: www.abilitywest.ie

Get social with us:



Who do we support?

This is a complex needs specialised service. We support school leavers and service users who have a moderate intellectual disability with Autism, complex needs, and behaviours that challenge, with additional medical needs. This is an individualistic, innovative and progressive day programme, which focuses on supporting young adults living in Galway to be independent and to work towards their own goals and achievements.

It comprises a range of social inclusion, table top activities, life skills development, learning, recreation and leisure activities and individual supports leading to enhanced quality of life and is based on the core values of New Directions, which are community inclusion, active citizenship, person-centredness and quality services

How do we support?

Our mission is to provide an individual and holistic service to each person availing of the service, with each person supported and valued within an environment which promotes their overall autonomy, health and wellbeing.

We operate a total communication environment to support service users tailor made for people living with Autism.

- We support people with speech, language and communication needs, cookery, art, music, and exercise.
- Support can be provided in accessing local amenities, supporting independent living skills, travel training, goal planning, personal skills and wellbeing. Including personal safety thus enables a wide range of social and leisure activities. We also have provided a sensory gross motor room to accommodate OT and other needs.

For more information:

Contact: Patrick Mulrooney, Manager
Phone: 087 6862079 or HQ - 091 540900
Email: patrick.mulrooney@abilitywest.ie
Website: www.abilitywest.ie



Arts Alive

Who are we?

Arts Alive

Who do we support?

We support adults with mild intellectual disability living in the community in Galway City.



arts alive
Galway

How do we support?

Arts Alive is a community based arts programme in Galway City where young adults with an intellectual disability can:

- Explore their personal creativity
- Enhance their self-development
- Connect artistically with the community

Through engaging with a wide variety of arts media and courses tailored to individual needs, participants are supported to develop a good range of key life skills as well as working to a high standard on creative projects which connect them with the community.

For more information:

Contact: Richard Humphreys

Phone: 091 755231

Email: Richard.Humphreys@bocsi.ie

Address: Fáilte House, Ballybane, Galway



Who do we support?

Adults with a moderate to severe intellectual disability including Individuals on the Autism Spectrum.

How do we support?

Avoca supports young adults who have completed school or rehabilitative training. Avoca supports individuals to exercise their choice, access their local community and to explore opportunities through Personal Outcome Measures. There is a focus on encouraging independent living skills and exploring opportunities for new experiences. Individuals can part take in the ‘Lets get to Work’ initiative.

Avoca provides a variety of activities to each individual such as: horse riding, computer skills, independent living skills, arts and crafts, physio and occupational therapy, swimming, massage and other therapies. Each day service encourages individuals to liaise with various local community groups regarding different projects and joint initiatives that may interest them.

This model of service is currently located on the Headford Road area.

For more information:

Contact: Orla Murphy

Phone: 091 738176

Address: Abbey Day Service, Caireal Mor, Headford Road

Email: Orla.Murphy@bocsi.ie

Website: www.brothersofcharity.ie/galway/services/adult-west



Carra

Who de we support?

We support school leavers or RT graduates who have a moderate to severe intellectual disability with additional medical and/or physical needs.

How do we support?

Carra is a community-based service located in the heart of Knocknacarra. The service supports people to make friends and to participate in their local community. Each person is supported through arts and education to “Saol Beo”. Carra is an accessible building equipped to support the individual needs of each person. It also has an accessible sensory garden that is developed and nurtured by the people attending the day service.

Each person has their own personal plan and can enjoy various activities and programmes such as cookery, art, music, exercise and many other learning experiences. The buildings are equipped to support the individual participation of each person.

Contact: Darina Lynch
Address: Carra Day Service Brooklawn House, Knocknacarra, Galway
Email: Darina.lynch@bocsi.ie
Phone: 091 721 499



Fáilte Community Services

Who are we?

Fáilte Community Services



Who do we support?

We support adults with mild intellectual disability living in the community in Galway City and County.

How do we support?

Fáilte Community Services is a Community Outreach Programme providing a range of community focused supports, multidisciplinary services and day supports for adults with mild intellectual disability. The Service aims to promote independence so adults can strive to live a full, active and safe life in their local community. Supports will focus on access to community-based education, community based work and leisure activities and other community day services. Fáilte Community Services are person-centred, individualised and versatile in responding to the needs of people supported. The Service provides access to community support workers, social workers, psychologists and psychiatry based on a person's individual needs.

Fáilte Community Services recognises each person as an individual, an equal citizen and with equal rights. We support each person to live their lives based on their vision and choices, identify and select their personal goals in life and develop their own personal plan to achieve those goals.

Community residential services or respite are not provided by Fáilte Community Services.

For more information:

Contact: Richard Humphreys

Phone: 091 755231

Email: Richard.Humphreys@bocsi.ie



Raleigh Row

Who we are?

Raleigh Row is an innovative and progressive day programme which focuses on supporting young adults with an intellectual disability living in Galway City to be independent and to work towards their own goals and achievements. They are supported to access education, training, voluntary roles and work experiences, with the view to gain employment if desired. Liaising with colleges, universities and other educational agencies such as GRETB, is a strong focus. They also link with community groups and employers in order to explore all the opportunities that are available in the local area.

How do we support?

The Programme is aimed at those who want a more flexible and person centred service and works towards developing their strengths and passions. Activities of interest include, but are not limited to, Technology, Literacy, Visual Arts, Drama, Music, Health and Fitness and Horticulture.

Raleigh Row provides an opportunity to build links, develop friendships and relationships, and encourages personal development.

The young people are empowered to take a lead in their own future planning and are given the tools and skills to work towards an independent life. This includes managing their own finances, employment and learning to run their own home if they choose.

Contact: Kevin Bolger (Team Leader)
Address: Roxboro House, Raleigh Row, Galway.
Email: kevin.bolger@bocsi.ie
Phone: 091 721477



Irish Wheelchair Association (IWA)

Who are we?

Irish Wheelchair Association (IWA) is Ireland's leading representative organisation and service provider for people with physical disabilities.

School Leaver Service

School Leaver Services provides support to young adults and comprises a range of social inclusion, life skills development, accredited training, recreation and leisure activities and individual supports leading to enhanced quality of life. The school Leaver Service is based in Tuam, Loughrea and Briarhill Galway.

IWA is increasingly aware of school leavers and Rehabilitative Training graduates who do not access services or engage in work, and as a result are at risk of becoming isolated from their communities. We provide a new model of service in line with HSE's New Directions Interim Standards that supports people to make choices about how they wish to engage in everyday activities in their communities, which is essential for a person's health and well-being.

Who can this service support?

This service is for school leavers or RT graduates with physical and sensory disabilities or acquired brain injury. In some instances where the person may have a secondary intellectual disability along with their primary physical disability they will be assessed on an individual basis to identify can these supports be met. Participants will be referred to Irish Wheelchair Association via HSE Day Opportunities & Guidance Service.

Aim

School Leaver Service aims to provide:

- Individualised Services and Supports
- Effective Services and Supports
- Safe Services and Supports
- Effective Leadership, Governance and Management
- A Responsive Workforce
- Correct Use of Resources

- Proactive Use of information

Objectives

IWA is committed to supporting each individual to enhance their quality of life through opportunities and supports to engage with community services and facilities including:

- One to one planning and support for making choices and plans
- Taking part in a range of social and leisure activities
- Taking part in QQI accredited and informal training programmes
- Developing daily living skills and increasing independence
- Accessing public services and facilities
- Maintaining and improving general health and wellbeing
- Accessing employment and volunteering opportunities

Model of Service: School Leaver Service can provide opportunities and support services to people with limited mobility, so they can lead full, active and independent lives in their own communities. The programme supports independence and social inclusion through a person-centred approach with each person having the opportunity to perform a fulfilling role in their wider community. Wherever possible, participants are encouraged to become self-supporting in accessing local facilities, travelling, advocating for themselves and other life skills. The service can operate from local hubs providing a platform from which participants can begin to access their local communities and plan the kind of service and activities in which they wish to partake. The service can also operate through an Outreach Model where IWA staff support a person through their own community utilising technology to aid with the process (i.e. Skype, Zoom etc). Further information can be found in the IWA Community Engagement Model document. Participants are free to access programmes and services in any of these two hubs, if they choose to, in addition to activities in their local communities. We have a strong focus on creating links and partnerships with other local community and disability services. People are supported to utilise mainstream supports such as public transport, educational services, vocational training, independent living training and employment services. Each participant meets regularly with their Individual Support Person, an IWA staff member who works closely with the participant to identify and work towards personal goals, and to decide how best to deal with any barriers or challenges they may face in achieving these goals. The purpose of this support is to develop decision-making skills, promote individual choice and increase confidence.

For more information:

Tuam:

Phone: 093 26659
Email: tuam@iwa.ie
Address: The Glebe, Tuam, Co Galway
Website: www.iwa.ie

Galway:

Phone: 0858769357
Email: allen.martyn@iwa.ie
Address: 39 Briarhill Business Park, Ballybrit, Galway
Website: www.iwa.ie

Loughrea:

Phone: 0858387603
Email: susan.kelly@iwa.ie
Address: Loughrea, Galway
Website: www.iwa.ie



Galway Resource Centre

Who are we?

Galway Resource Centre

Who do we support?

Adults over 18 and under 65 with an Intellectual Disability, Autism and/or a physical or sensory disability.

How do we support?

The Galway Resource Centre is a day service, which supports each person to achieve a meaningful and valued life in their community. These support services are based both in the person's local community and in our centre in Galway. We start by getting to know the person, their interests, skills and support needs. We provide supports in areas such as wellbeing, social and personal development as well as supports around accessing education/training, employment and other areas identified by the person and their families/supporters.

RehabCare is the provider of a variety of person-centred, health and social care services that facilitate people who are disadvantaged to participate in the life of their local community in ways that match their choices, aspirations and needs.

For more information:

- Contact:** Ita O'Connor (Community Services Manager)
Phone: 087 3811796
Email: ita.oconnor@rehabcare.ie
Address: Unit 9b, Liosbán Business Park, Tuam Road, Galway
Website: www.rehabcare.ie

RehabCare

Investing in People, Changing Perspectives

Oasis Service

Who Are We?

O.A.S.I.S. Community Outreach Service

Clifden Community Outreach Service



Who do we support?

Adults over 18 with a diagnosis of Autism (ASD) or physical or sensory disability.

How Do We Support?

The Community Outreach Service is a community service which provides supports to allow an individual to be part of their community. This is achieved by getting to know the individual, their needs and goals.

Support is provided on a one-to-one basis and through group workshops. Support can be within the community or the hub.

Depending on the individual, support can be provided in accessing local amenities, supporting independent living skills, travel training, goal planning, personal skills, wellbeing, social skills and accessing employment or academic opportunities.

RehabCare is the provider of a variety of person-centred, health and social care services that facilitate people who are disadvantaged to participate in the life of their local community in ways that match their choices, aspirations and needs.

For More Information:

Contact: Mervyn Swords (Community Service Manager)

Phone: 087 3671311

Email: Mervyn.Swords@rehabcare.ie

Address: RehabCare, 16b Sandyford Business Centre, Bohermore, Galway (H91 X6HE)

Website: www.rehabcare.ie

Who Are We?

Rise Service

RehabCare

Investing in People, Changing Perspectives

Who do we support?

Adults over 18 and under 65 with an Intellectual Disability, Autism and/or a physical or sensory disability.

How Do We Support?

Rise service is a community service which provides supports for a person to be more connected, active and included in their community. This is achieved by the Community Support Worker from Rise getting to know the individual, their needs and goals. Supports are provided by the Community Support Workers in the service in both English and Irish Sign Language.

Support is provided on a one-to-one basis and through group workshops based in various locations in the community, based on the individual's interests and needs.

Depending on the individual, support can be provided in accessing local amenities, supporting independent living skills, travel training, goal planning, personal skills, wellbeing, social and communication skills.

RehabCare is the provider of a variety of person-centred, health and social care services that facilitate people who are disadvantaged to participate in the life of their local community in ways that match their choices, aspirations and needs.

For More Information:

Contact: Ita O'Connor (Community Services Manager)

Phone: 087 3811796

Email: ita.oconnor@rehabcare.ie

Address: Westside Resource Centre, Seamus Quirke Road, Galway.

Website: www.rehabcare.ie

County based Day Services

Avondale	Ability West	Creggs
Críost Linn	Ability West	Clifden
Headford Hub	Ability West	Headford
Meitheal	Ability West	Moycullen
Mountbellew Resource Centre	Ability West	Mountbellew
Portumna Hub	Ability West	Portumna
Turas Nua	Ability West	Tuam
Tus Nua	Ability West	Tuam
ARC , Avoca & Amber	BOCSI	Claregalway & Ballybane
Ashling & Abbey Service	BOCSI	Claregalway
Athrú Day Service	BOCSI	Clarinbridge
Cois Cuain & Sona Cois Cuain	BOCSI	South Connemara
Four Seasons	BOCSI	Claregalway
Limelight Service	BOCSI	Oranmore
Harvest	BOCSI	Gort
NASC	BOCSI	Spiddal
RITE Programme	BOCSI	South Connemara
Suas Services	BOCSI	Ballinasloe
Swan Centre	BOCSI	Athenry
Skylark Services	BOCSI	Athenry
TOPE	BOCSI	Ballinasloe
IWA Loughrea	Irish Wheelchair Association	Tuam Loughrea
Casla Resource Centre	RehabCare	Casla

Avondale Hub

Who do we support?

Avondale Hub is located in Creggs, Co Galway. Avondale Hub provides a service to adults with an Intellectual Disability through a person centred approach in line with New Directions, Ability West's vision and mission statement and Strategic Plan. This Hub includes a group of individuals of similar ages, working with their own personal schedules supported by staff. The day programme comprises of a range of social inclusion, life skills development, learning, recreation, leisure activities and individual supports leading to an enhanced quality of life.

How do we support?

- Our mission is to provide an individual and holistic service to each person availing of the service, with each person supported and valued within an environment which promotes their overall autonomy, health and wellbeing.
- We aim to ensure that each person is given opportunities to live as full a life as possible as active participants within their community.
- We aim to ensure that each service user will have opportunities to continually enhance their independence.
- We offer service users opportunities to enhance their learning, therapeutic, health and social gain by way of various in-house and community activities.
- We endeavour to protect the human rights of each individual..
- We provide a total communication environment to support service users speech, language and communication needs.
- We work in partnership with families, staff, volunteers and community in delivering the service.

For more information:

Contact: Jackie Kelly, Unit Director, Avondale Hub.
Phone: 087 6750087 / Avondale Hub. 091 749233
Head Office 091 540900
Email: jackie.kelly@abilitywest.ie
Address: Avondale Hub, Cregg's Rugby Club, The Green, Creggs, Co Roscommon
Website www.abilitywest.ie



Críost Linn

Who do we support?

Críost Linn provide services to adults with intellectual disability from West Connemara. This is delivered through a person centred ethos in line with the Vision and Mission statement of Ability West. It is based on the core values of New Directions, which are community inclusion, active citizenship, person-centredness and quality services. Our mission is to provide an individual and holistic service to each person availing of the service, with each person supported and valued within an environment which promotes their overall autonomy, health and wellbeing.

How do we support?

- To support people to access local amenities, to develop independent living skills and travel training.
- To support people to develop goals and personal skills
- To ensure each individual's wellbeing and mental health is maintained by accessing appropriate supports, advice and attending medical and community appointments.
- Support the development of care plans (where needed) to provide holistic and person centered service.
- To facilitate supported employment/work experience and external courses.

For more information:

Contact: Priscilla McNamara
Phone: 095 21057
Email: criostlinnservices@abilitywest.ie
Address: Carriageway House, Clifden, Co. Galway
Website: www.abilitywest.ie

Get social with us:



Headford Hub

Who do we support?

Headford Hub is under the New Direction guidelines and provide services in line with Ability West's Vision and Mission Statements and Strategic Plan in providing comprehensive quality supports and service to people with an intellectual disability. Our mission is to provide an individual and holistic service to each person availing of the service, with each person supported and valued within an environment which promotes their overall autonomy, health and wellbeing.

- We support adults who have left school, 18 years of age and above.
- We provide services to adults with a primary diagnosis of an Intellectual Disability presenting with various ability levels and co-morbidities.
- We support individuals who wish to develop their social communication skills and who are striving towards a more independent self through our holistic and Person Centered Programmes.
- We support individuals who may have an interest in developing employment skills through our local work experience programme.

How do we support?

- The hub provides a base though which our young people can plan their future with the support of their key workers. This is supported through accessing further education, employment and social opportunities within their local community.
- Individual timetables are developed with support workers which are person centred and are reviewed on a regular basis.
- We provide a total communication environment to support service users' speech, language and communication needs.
- We aim to ensure each person will have opportunities to continually enhance their independence.

For more information:

Contact; Sandra Qualter, Manager
Phone: 087 6279050 / 093 70450
Email: sandra.qualter@abilitywest.ie



enabling people with disabilities

Meitheal

Who do we support?

Meitheal Centre provides service to adults with an intellectual disability from the age of 18 years upwards.

This Hub includes a group of individuals of similar ages, working with their own personal schedules supported by staff where required.

- Gaining experience and developing a vision for their own life including valued roles in education, vocation, living arrangements and relationships.
- Individual support for developing living skills for a full life: including health, money, travel etc.
- Timetables are developed individuals with support workers based on the discovery process and are reviewed on a regular basis.

How do we support?

Objectives:

- To enable and empower persons with an intellectual disability to integrate into society and to reach their full potential in a just, caring and safe environment as is possible
- To ensure that each person is given opportunities to live as full a life as possible as active participants within their community and that their will and preferences are met. We will do this through each individual's person centered plan and taking an active part in the life of the community insofar as possible
- To ensure that each Service User will have opportunities to continually enhance their independence
- To ensure each individual's mental health is maintained as required by accessing appropriate supports and advice, including mainstream services and supports

For more information:

Contact:

Sarah Molloy, Meitheal Centre

Phone:

Meitheal: 0877682360

Head Office: 091540900

Email:

sarah.molloy@abilitywest.ie



Mountbellew Day Services

Who do we support?

Mountbellew Day Services is made up of two locations within the town of Mountbellew; Mountbellew Resource Centre and Mountbellew Hub. Mountbellew Day Services provides services through a person centred ethos in line with the Vision and Mission statement of Ability West and is based on the core values of New Directions.

- We support adults who have left school, 18 years of age and above.
- We provide services to adults with a primary diagnosis of an Intellectual Disability presenting with various ability levels and co-morbidities.
- We support service users who express an interest in further education to access further education opportunities.

How do we support?

- Each service user is supported to develop their own Person Centred Plan to support their growth and development as an adult.
- Each service user has a keyworker who facilitates an annual case review and Circle of Support meeting to support the persons hopes, dreams and choices.
- We provide a total communication environment to support service users speech, language and communication needs
- We work closely with local businesses to deliver a work experience programme with the assistance of a job coach funded through the Galway Rural Development Schemes.
- Our day services are open Monday to Friday with closures on bank holidays and set times throughout the year. A list of all our closures are provided to families for the year ahead.

For more information:

Contact: Aoife Murray, Manager, Mountbellew Day Services.
Phone: 090-9623751 / 090-9623380 or Head Office: 091-540900.
Email: mountbellewds@abilitywest.ie
Address: Ability West, Mountbellew Resource Centre, Bovinion, Mountbellew, Co. Galway, H53 FX96.



Portumna Hub

Who do we support?

Ability West operates a number of Adult Day Services around Galway City and County, including Portumna Hub Services which is made up of two locations within the town of Portumna; Portumna Day service and Portumna Hub.

- We support adults who have left school, 18 years of age and above.
- We provide services to adults with a primary diagnosis of an Intellectual Disability and Autism presenting with Various ability levels and co-morbidities.
- We support service users who express an interest in further education to access further education opportunities.
- We support individuals who may have an interest in developing employment skills through our local work experience programme.

How do we support?

- Each Service user is supported to develop their own Person Centred Plan to support their growth and development as an adult.
- Each service user has an annual case review and Circle of Support meeting to support their will and preference and choice.
- We provide a total communication environment to support service user's speech, language and communication needs
- We work closely with local businesses to deliver an education programme which is funded through the GRETB.
- Our day services are open Monday to Friday with closures on bank holidays and set times throughout the year. A list of all our closures are provided to families for the year ahead.
- Our day services are funded by the HSE.

For more information:

Contact: Gerry Blake, Manager, St, Dympna's Adult Day Services.
Phone: 090 9741377, 087 418 3139 or HQ 091-540900.
Email: stdympnasads@abilitywest.ie portumnahub@abilitywest.ie
Website: www.abilitywest.ie



Turas Nua

Who do we support?

Our mission is to provide an individual and holistic service to each person availing of the service, with each person supported and valued within an environment which promotes their overall autonomy, health and wellbeing. We aim to maintain each Service Users' individuality by ensuring they continue to maintain contacts with their families and the community.

- We support adults who have left school, 18 years of age and above.
- We provide services to adults with a primary diagnosis of an Intellectual Disability presenting with various ability levels and co-morbidities.
- We support individuals who wish to develop their social communication skills and who are striving towards a more independent self through our holistic and Person Centred programmes.

How do we support?

The hub provides a base through which our young people can plan their future with the support of their key workers. This is supported through accessing further education, employment and social opportunities within individual timetables are developed with support workers which are person centred and are reviewed on a regular basis. We provide a total communication environment to support service users' speech, language and communication needs. We offer service users opportunities to enhance their learning, therapeutic, health and social gain by way of various in-house and community activities. We aim to ensure each person will have opportunities to continually enhance their independence. We endeavour to work in partnership with families, staff, volunteers and the community in delivering on these aims and objectives.

For more information:

Contact: Sandra Qualter, Manager
Phone: 087 6279050 / 093 72470
Email: sandra.qualter@abilitywest.ie
Address: Turas Nua, The Glebe, Tuam, Co Galway. H54 TW08
Website: www.abilitywest.ie



Tus Nua

Who do we support?

Our mission is to provide an individual and holistic service to each person availing of the service, with each person supported and valued within an environment which promotes their overall autonomy, health and wellbeing. We aim to maintain each Service Users' individuality by ensuring they continue to maintain contacts with their families and the local Tuam community.

- We support adults who have left school, 18 years of age and above.
- We provide services to adults with a primary diagnosis of an Intellectual Disability presenting with various ability levels and co-morbidities.
- We support service users who express an interest in further education to access further education opportunities.
- We support individuals who may have an interest in developing employment skills through our local wwork experience programme.

How do we support?

The hub provides a base though which our young people can plan their future with the support of their key workers. This is supported through accessing further education, employment and social opportunities within their local community. It is a flexible service through which each person is supported in their individual choices, needs and abilities to achieve a valued social role in collaboration with the New Directions 12 supports. Through this, people are supported in increasing their independence by developing their life skills and their connection in their local community. Individual timetables are developed with support workers which are person centred and are reviewed on a regular basis. We provide a total communication environment to support service users' speech, language and communication needs. We offer service users opportunities to enhance their learning, therapeutic, health and social gain by way of various in-house and community activities. We aim to ensure each person will have opportunities to continually enhance their independence. We endeavour to work in partnership with families, staff, volunteers and the community in delivering on these aims and objectives.

For more information:

Contact: Sandra Qualter, Manager
Phone: 087 6279050 / 093 70450



Community-Based Service Locations

Who do we support?

Ability West operates a number of community based service locations, which provide an individualised service to adults with intellectual disability and autism as close to their community as possible. Services are located in; Galway City, Clifden, Tuam, Mountbellew and Portumna.

How do we support?

The Adult Day Services focus on an individual's personal support and developmental needs. This can include accessing further education, employment and social opportunities within their local community, and is based on the core values of New Directions, which are community inclusion, active citizenship, person-centeredness and quality services. It is a flexible service through which each person is supported in their individual choices, needs and abilities to achieve their goals in collaboration with the New Directions 12 supports. The Adult Day Services programmes build on the potential of each person to expand their capacity to take their rightful place in their communities.

For more information:

Phone: 091 540900
Email: enquiries@abilitywest.ie
Address: Ability West, Blackrock House, Salthill, Galway, H91 R254
Website: www.abilitywest.ie

Get social with us:



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ARC & Amber

Who do we support?

Adults with a moderate to severe intellectual disability including Individuals on the Autism Spectrum.



How do we support?

- ARC and Amber support young adults from Claregalway and the surrounding area.
- ARC stands for “Advocating Real Choice”
- ARC supports individuals to exercise their choices, access their local community and to explore opportunities through Personal Outcome Measures.
- There is a focus on encouraging independent living skills and exploring opportunities for new experiences.
- ARC, Amber and Abbey provide a variety of activities to each individual such as: swimming, horse riding, computer skills, massage, physiotherapy, arts and crafts, and work experience in different community settings, music sessions and access and engagement with all of the facilities in the local community.

These services are currently located in Ballybane area of Galway City.

For more information:

Contact: Orla Murphy Team Leader
Phone: 091 738176
Address: Abbey Day Service, Ballybane, Galway
Email: Orla.Murphy@bocsi.ie
Website: www.brothersofcharity.ie/galway/services/adult-west

Athrú

Who do we support?

Athrú is a new day service based in Kilcornan in Clarinbridge. We have been established since 2017 and we support people with a severe Intellectual disability and Autism



How do we support?

As autism is a lifelong condition, its impact is likely to change throughout the person's lifetime. While they often share common characteristics, every person with autism is unique. Each has particular strengths and individual requirements for support to enhance their wellbeing, improve life skills and boost self-esteem. The key to providing this support lies in taking the time to get to know them, understanding their challenges and how they impact on learning and behaviour. In Athrú, we focus on the individual's personal and developmental needs.

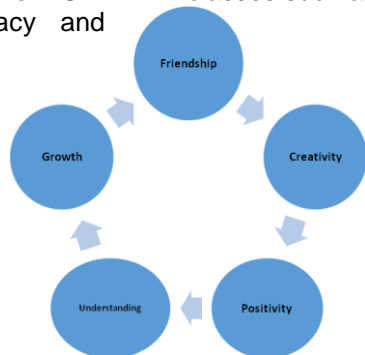
Within our service we build a positive and encouraging environment, nurture camaraderie and team spirit and promote learning and development.

Educational needs are supported by teachers from GRETB in classes such as Photography, Art, Music, Massage, Literacy and Numeracy.

We also partake in local community events, most recently the Clarinbridge Oskar's. This was a fundraising event to raise money for our local GAA club.

For more information:

Contact: Fiona Brannelly
Phone: 076-1064301
Email: fiona.brannelly@bocsi.ie
Address: Clarin Services, C/O Brothers of Charity,
Clarinbridge, Co. Galway
Website: www.brothersofcharity.ie/galway



Sona Cois Cuain

Who do we support?

Adults with intellectual disability including Individuals on the Autism Spectrum.

How do we support?

Cois Cuain day service was established in 2000 for individuals with a severe to profound Intellectual disability and to provide supports to those who may have high medical needs. Cois Cuain day service is in the heart of Carraroe village, South Connemara. The day service provides a variety of activities to each individual we support, including swimming, horse riding, rebound therapy, massage, physiotherapy, arts and crafts, music sessions with local musicians, a sensory herb garden and access and engagement with all of the facilities in the local community. There is a focus on encouraging independent living skills and exploring opportunities for new experiences.

Sona Cois Cuain was established in 2014 for adults with an Intellectual Disability including individuals on the Autism Spectrum. The day programme is designed to meet the needs of each individual we support and focuses on the transition from school age to early adulthood. Some of the opportunities and activities available include woodwork, GRETB support with further educational needs, building independent living skills, nights away, concerts, cinema, use of the local gym with access to a personal trainer and an individualised programme. Sona Cois Cuain offers each individual we support opportunities to make more choices and have new experiences.

For more information:

Contact: Michelle O'Neill
Phone: 091 869 682/ 087 254976
Address: Cois Cuain/ Sona Day Programme,
Bruach na Mara Services, Carraroe, Co.
Galway

Email: michelle.oneill@bocsi.ie

Website: www.brothersofcharity.ie/galway/services/adult-west



Abbey & Aisling Centre

Who do we support?

We support young adults with a moderate to severe intellectual disability including Individuals on the Autism Spectrum.

How do we support?

Abbey and Aisling Centres support young adults from Claregalway and the surrounding area. Both services find ways to actively encourage individuals to exercise control over their own choices, access their local community and to explore opportunities through Personal Outcome Measures. We focus on encouraging independent living skills and exploring opportunities for new experiences.

ARC, Amber and Abbey provide a variety of activities to each individual such as: swimming, horse riding, computer skills, massage, physiotherapy, arts and crafts, and work experience in different community settings, music sessions and access and engagement with all of the facilities in the local community.

Our services are located in Claregalway Village.

For more information:

Contact: Orla Murphy Team Leader
Phone: 091 738176
Address: Abbey Day Service, Summerfield, Claregalway
Email: Orla.Murphy@bocsi.ie
Website: www.brothersofcharity.ie/galway/services/adult-west



Four Seasons

Who do we support?

We support school leavers who have a moderate to severe intellectual disability with additional medical and/or physical needs. The model is delivered in a community based location where each person is supported to build links in their local area.

Each person has their own personal plan and can enjoy various activities and programmes such as cookery, art, music, exercise and many other learning experiences. The buildings are equipped to support the individual participation of each person.

Four Seasons is based in Claregalway. The service is aimed at supporting people to be active participants in their local community through involvement in the Arts and by utilising all local amenities in their area. The people supported there enjoy activities such as cookery, art, music, exercise and many other learning experiences. The building is equipped to support the individual participation of each person.

For more information:

Contact: Maura Kealy Team Leader
Address: Four Seasons, Montiagh Road, Cahergowan, Claregalway
Email: Maura.kealy@bocsi.ie
Phone: 091 500254



The Harvest Studios

Who are we?

The Harvest Studios located on Bolands Lane, Gort, Co Galway H91 FW 73 with the Hidden Gem Social Enterprise located on Bridge St in the town centre.



Who do we support?

We support adults with an intellectual disability attending day programme in the following areas:

- Let's get to work programme (LGTW): providing support to individuals to access meaningful work experiences, employment skills and paid employment within their community network
Voluntary roles are sourced within the local community supporting individuals to become valued members of their local community.
- Further Education opportunities are accessed using GRETB resources in Gort and surrounding areas in culinary skills, computing, art/design, and personal effectiveness.
- Micro Enterprises are supported within The Hidden Gem including attendees been provided with ongoing staff support and mentoring in experiencing work in the café craft shop area.
- Independent Living Skill Building to enable participants to gain knowledge and confidence in achieving personal goals to living independently by following a series of modules in the following areas:
 - Cookery
 - Accessing public travel
 - Budgeting/Money Management skills
 - Advocacy and Decision Making



How do we support?

- Using Personal Outcome Measures, individuals are supported to be involved in community life through meaningful activities and to achieve their own personal goals.
- LGTW in house training provided by staff to ensure success in employment skills to all participants

- Individuals in The Harvest Studios day programmes are supported in achieving QQI accredited modules at levels 2 and 3 if they so choose, with support from the local GRETB resources
- ASDAN and Educoot training courses are sourced to meet additional training needs in modules such as budgeting and community living skills
- Links with Galway Rural Development to access additional resources for participants in Harvest Studios.
- All of our services operate under the New Directions Standards for Day Services.

Orchard Services: Provides day and residential services to people living within South Galway/North Clare geographical areas.

Bellhaven, Sunny View, Parkview and Dolmen Centre (Kinvara) all provide alternative day services tailored to meet individual programmes that are designed to provide diverse artistic, sport, re-creational, musical, holistic programmes.

STEPS community team provide outreach supports to individuals within the independent living programme model which is also linked with day services.

Everyone availing of day services are welcome to experience the different activities on offer with regular reviews conducted throughout the year.

For more information:

Contact: Teresa Mannion Day Service Team Manager Orchard Services
Phone: 087 691 7770
Email: Teresa.Mannion@bocsi.ie
Address: Queen St. Gort Co Galway
Or



Contact: Margaret Kearney Area Manager
BOCSI Orchard Services
Email: Margaret.Kearney@bocsi.ie
Address: Orchard Services, Queen Street Gort, Co Galway
Website: www.brothersofcharity.ie/galway

Limelight Creative Arts

Who we are?

Limelight Creative Arts is a creative arts programme based in the heart of the village of Oranmore in County Galway.



Who do we support?

This programme is suited to those with intellectual disability and who may also have autism and who have an interest in performing and visual arts.

How do we support?

- The focus of Limelight is to foster creativity, independence and well-being through performing and visual arts and outreach programmes for people with intellectual disabilities.
- There is a strong emphasis on support, personal development, life-skills including health and well-being, which are all vital components of the success of the programme for the individual.
- There are sensory and quiet spaces in the centre where individuals can have time out when they need a break during their busy day.
- Limelight Creative Arts has established local connections and is working on future projects with community based groups. Funding and Partners to date: Galway Co Council, Creative Ireland, GRETB.
- We have a diverse team of dynamic professional artists and educators supporting this initiative. The team have years of experience and are well placed to empower the individual to strive to reach their preferred outcomes and desires.

For further information:

Contact: Aoife Morris
Phone: 0874018976
Email: aoife.morris@bocsi.ie
Website: www.brothersofcharity.ie/galway



Who do we support?

We support young adults who have completed 2nd level education or RT. Nasc supports individuals who have a mild intellectual disability in their own community.



How do we support?

- Nasc is a community based outreach programme which supports young adults within the South Connemara area. It enables individuals to access opportunities for education, volunteering, work experience and work opportunities.
- Nasc can provide support to young adults transitioning from school to further education, work environments or training programmes depending on the person's wishes and future aspirations. The programme is very much lead by the person themselves.
- Nasc is also an ongoing support programme which promotes independence, confidence and autonomy. It aims to encourage people to build relationships and enhance social skills and networks

For more information:

Contact: Eimear Canny

Phone: 091 897616/0874131486

Email: eimear.canny@bocsi.ie nasc@bocsi.ie

Address: Oifig C1, An Chéad Urlár, Dún Éibhir, Na Forbacha,
Co na Gaillimhe H91 11C6.



RITE programme – Dúirling

Who do we support?

Individuals with an intellectual disability may graduate onto the RITE programme (the right life for me) which consists of:

Rewards:	Such as QQI and ASDAN awards
Independence:	Preparation for independent living and practical skill development including life skills, home management, money skills and goal setting
Training:	Preparation for work which includes work skills, work experience, horticulture (sensory garden and polytunnels on site), woodwork, art, ceramics, music, outreach.
Empowerment:	Community integration and engagement incorporating personal development and working in partnership with agencies

This training endeavours to empower and enable these young adults to make positive connections with and between family, friends and community and to equip the learners with the skills to make informed choices about the issues that affect their lives. The programme is learner-centred, directed through a system of individual programme planning. Learning to learn strategies are incorporated into all activities and individuals are encouraged to take responsibility for their own action plans.

All of our programmes operate under the core values of the HSE New Directions standards which are community inclusion, active citizenship, person centredness and quality services.



For more information:

Contact:	Claire Barry
Phone:	091 506865
Address:	Dúirling RT – Ionad Oiliúna Athshlánúcháin, Aonad 10, Eastát Tionsclaíochta, Casla, Co. na Gaillimhe H91 E76C
Email:	Claire.barry@bocsi.ie RT bnm@bocsi.ie
Website:	www.brothersofcharity.ie/galway/services/adult-west

SUAS

Who do we support?

We support adults with intellectual disability living in the community in East Galway.



How do we support?

- SUAS Services is an outreach service with a multi-disciplinary team based in the Ballinasloe town centre.
- SUAS aims to promote well-being and enhance opportunities. SUAS prioritises people's independence, choices, access to community services and safety using a person-centred approach.
- The service supports people to be recognised as valued members of their community, feel equal and be treated fairly.
- We provide access to community support workers, psychologists, social workers and psychiatrists based on a person's individual needs and goals.

For more information:

Contact: Geoff Quinlan

Phone: 0909643687

Email: geoff.quinlan@bocsi.ie

Address: 10 Church Hill, Ballinasloe

Website: www.brothersofcharity.ie/galway/services/adult-east-sector/suas-services



Swan Centre

Who do we support?

We support young adults with an intellectual disability who have left school or have completed RT programme and we are based in Athenry.

How do we support?

We support people to make individualised choices on a daily basis. We tailor timetables for each person based on their needs and wishes. We offer a wide range of programmes horse riding, swimming, gym, soccer training, art, woodwork, up cycling, cooking, "That's Life" programmes and work experience. Education needs are supported by tutors through the GRETB in Loughrea and Athenry.

We prepare the people we support to learn independent living, practical life skills. We link with our community and use local amenities such as restaurants, hairdressers, beauticians and transport services. We support and promote people to have opportunities and to make their own choices and to have normal life experiences.

For more information:

Contact: Caroline Coffey
Phone: 0877947831
Email: caroline.coffey@bocsi.ie
Address: Old Church Street, Athenry, Co.Galway



Who do we support?

Skylark day service supports adults with intellectual disabilities including individuals on the autism spectrum.

How do we support?

Skylark day service was established in 2004 and it provides for individuals with moderate to profound intellectual disabilities. Skylark is focused on using Personal Outcome Measures and New Directions standards.

We support people to make personal choices to achieve their own goals through meaningful activities and programmes. People who attend have access to a wonderful multi-disciplinary team.

Based in Athenry Co. Galway, there is a strong emphasis on community involvement. Some examples of the programmes and activities we offer are, swimming, art and crafts, literacy skills, gardening, soccer, local employment and music sessions. Skylark supports and encourages daily living skills and the building of friendships. We are fortunate to have a wonderful staff team who are dedicated in supporting all the people who attend Skylark day service.

For more information:

Contact: Martina Murphy
Phone: 087 1142459 /091 850139
Email: martina.murphy@bocsi.ie
Address: Skylark day service, Brothers of charity, Raheen, Athenry Co. Galway H65Y103



TOPE

Training Options & Personal Education Services

Who are we?

TOPE (Training Options & Personal Education) Services is a part of Brothers of Charity Services Ireland (BOCSI) West Region, Deerpark Services located at:

- TOPE Resource Centre, Canalach, Poolboy, Ballinasloe, H53 A306
- TOPE Oakglen Centre, 12 Oakglen, Poolboy, Ballinasloe, H53 VY01
- TOPE Hub and TOPE Printing, Jubilee Street, Ballinasloe, H53 Y058

Who do we support?

We support adults with an intellectual disability in our day programme at TOPE Resource, Hub and Printing, and those who are graduating from second level education..

How do we support?

- Using Personal Outcome Measures, individuals are supported to be involved in community life through meaningful activities and to achieve their own personal goals.
- Individuals in Day programmes are supported in achieving QQI accredited modules at levels 2 and 3 if they so choose, with support from the GRETB and NALA's 'Learn With NALA' Programme.
- We support individuals to develop independent living skills and to access all aspects of their local community.
- TOPE Printing provides sheltered employment and training to the people we support.
- All of our services operate under the New Directions Standards for Day Services.

For more information:

Contact: Niamh Shepard, Team Leader BOCSI TOPE Services

Phone: 090 9631868

Email: niamh.sheppard@bocsi.ie

Or

Contact: Mary Hazlett, Area Manager

BOCSI Deerpark Services

Email: Mary.Hazlett@bocsi.ie



Irish Wheelchair Association

Who are we?

Irish Wheelchair Association (IWA) is Ireland's leading representative organisation and service provider for people with physical disabilities.

School Leaver Service

School Leaver Services provides support to young adults and comprises a range of social inclusion, life skills development, accredited training, recreation and leisure activities and individual supports leading to enhanced quality of life. The school Leaver Service is based in Tuam, Loughrea and Briarhill Galway.

IWA is increasingly aware of school leavers and Rehabilitative Training graduates who do not access services or engage in work, and as a result are at risk of becoming isolated from their communities. We provide a new model of service in line with HSE's New Directions Interim Standards that supports people to make choices about how they wish to engage in everyday activities in their communities, which is essential for a person's health and well-being.

Who can this service support?

This service is for school leavers or RT graduates with physical and sensory disabilities or acquired brain injury. In some instances where the person may have a secondary intellectual disability along with their primary physical disability they will be assessed on an individual basis to identify can these supports be met. Participants will be referred to Irish Wheelchair Association via HSE Profiling or will be supported by IWA to engage with profiling if already known to the organisation.

Tuam:

Phone: 093 26659
Email: tuam@iwa.ie
Address: The Glebe, Tuam, Co Galway
Website: www.iwa.ie

Loughrea:

Phone: 0858387603
Email: susan.kelly@iwa.ie
Address: Loughrea, Galway
Website: www.iwa.ie



Who are we?

Casla Resource Centre



Who do we support?

Adults over 18 and under 65 with an Intellectual Disability, Autism and/or a physical or sensory disability.

How do we support?

The Casla Resource Centre is an Irish and English speaking day service, which supports each person to achieve a meaningful and valued life in their community. These support services are based both in the person's local community and in our centre in Casla. We start by getting to know the person, their interests, skills and support needs. We provide supports for a person in areas such as wellbeing, social and personal development as well as supports around accessing education/training, employment and other areas identified by the person and their families/supporters.

RehabCare is the provider of a variety of person-centred, health and social care services that facilitate people who are disadvantaged to participate in the life of their local community in ways that match their choices, aspirations and needs.

For more information:

Contact: Ita O'Connor (Community Services Manager)

Phone: 087 3811796

Email: ita.oconnor@rehabcare.ie

Address: Unit 3k, Casla Industrial Estate, Casla, Co. Galway

Website: www.rehabcare.ie

Education and Training

Atlantic Technological University Disability and Learning Support Service	ATU
Galway and Roscommon Education & Training Board	GRETB
Galway City Community Training Centre	GCCTC
Galway Community College	GCC
Galway Technical Institute	GTI
Galway Autism Partnership	GAP
National Learning Network	NLN
Quest Brain Injury Services	NLN





Atlantic Technological University

Disability and Learning Support Service

Who do we support?

Students with Physical Disabilities, Students with Mental Health Difficulties, Students with Acquired Brain Injuries, Students with Specific Learning Difficulties, Students who are Blind/ Visually Impaired; Students who are Deaf or Hearing impaired, Autistic Students, Students with ADHD and Students with General Learning Disabilities.

How do we support?

Learning Support, Personal Assistants, Interpreters, Education Support Workers, Occupational Therapy Services, Counselling Services, Academic Tuition, Assistive Technology, Transport.

For More Information:

Contact: Deirdre O Connor (Disability and Learning Support Co-ordinator)

Phone: 091-742129

Email: Deirdre.oconnor@atu.ie

Address: ATU Galway Mayo, Dublin Road, Galway

Website: www.ATU.ie



gretb

Bord Oideachais agus Oiliúna
na Gaillimhe agus Ros Comáin
*Galway and Roscommon
Education and Training Board*

Galway and Roscommon Education and Training Board (GRETB)

Who are we:

We offer an extensive range of education and training services across our many locations in Galway and Roscommon including Primary Education, Post Primary Education, Further Education and Training, Outdoor Education, Music Education and Youth Services.

Who do we support?

GRETB Further Education and Training Department (FET) supports adults, with and without a disability, who wish to access education or training on a full-time and/or part-time basis.

How do we support?

GRETB FET Department offers a broad range of services to support the individual who wishes to access any of our further education and training programmes: Learner Support and Inclusion Service; and Guidance, Information and Recruitment Service.

Learner Support and Inclusion Service:

We provide a free, confidential service and the supports required to allow you to fully engage and benefit from the educational opportunities available while participating in a FET Programme. You will be able to register with the Learner Support and Inclusion Service if you:

- Have specific learner needs and wish to access supports (full list on registration form)
- Need support to access a laptop and/or another device to engage with my course
- Need support with my learning e.g., reading, writing, maths, study skills, computer skills
- Need some counselling support
- Need access to the learner assistance fund
- Are not sure what supports you might need but would like to meet to discuss further

Contact: learnersupport@gretb.ie for more information and to talk to the member of the team.

Guidance, Information and Recruitment Service:

- We provide a free, impartial, professional and confidential information and guidance counselling service on all education and training opportunities available both locally and nationally.
- The service will support you to make informed choices on the most suitable education or training programme to suit your specific interests, needs, abilities and career goals.
- The service is free of charge and available throughout the geographical areas of Galway City and Counties Galway and Roscommon.



What courses do we offer:

GRETB FET offer a full range of full and part time programmes in 39 Further Education and Training Centres spread right across the geographical regions of Galway and Roscommon. Further Education and Training includes: Apprenticeships, Traineeships, National Learning Network as well as centres offering full time and part time programmes from Bakery, Beauty, Business, Hairdressing, Welding, Sports, Healthcare and many more...

Research and Apply for any programmes through FETCH Courses

www.fetchcourses.ie or check out www.gretb.ie/further-education-training

For more information on any of the programmes described above contact the Guidance Information Officers on:

Phone: 1800 140 242

Email: guidance@gretb.ie

Address: GRETB Adult Guidance and Information Service, Further Education and Training Department, GRETB Training Centre, Mervue Business Park, Galway City.

Website: www.gretb.ie

You can also keep up to date by following us on Social Media: **@GRETBofficial**





Galway City Community Training Centre

Who do we support?

Early school leavers and lone/independent parents

How do we support?

Through the following ways:

- Practical and hands on experience of the work environment with highly experienced instructors
- A recognised qualification (Major Award)
- A training allowance and six weeks annual leave
- A progression plan which supports learners to access employment, further training and education
- Training within a supportive and structured environment
- Opportunities to sample real working situations through work experience
- Learner tracking for 6 months to provide support

For more information:

Contact: Vicky Donley/ Eleanor O'Boyle

Phone: 091 753849

Email: recruit@galwayctc.ie

Address: 3-4 Liosbán Industrial Estate, Tuam Road, Galway

Website: www.galwayctc.ie



Galway Community College

Who do we support?

Learners on QQI Level 5 & 6 courses.

How do we support?

- In Galway Community College (GCC), there are a broad range of level 5 & 6 courses on offer in six specialist Departments: Social Care, Business Secretarial and Multimedia, Science, Design & Technology, Music Theatre & Film, Sport & Equine and Horticulture.
- While studying in GCC you can expect a friendly inclusive environment, and we have a strong reputation for excellent tutoring with fantastic progression opportunities. We have an ideal location close to the city with career guidance, modern facilities, a café and free parking.
- On completion of a PLC course, a maximum of 390 points can be achieved for your progression to third level education. Successful completion and certification of a QQI level 5 course allows you to apply through the CAO system for any course up to 390 points. Close ties with industry in Galway City and County and a focus on third level education are key factors in what has made the PLC College at GCC a centre of excellence.
- Applications are taken online and we will have an Open Day this year - a date to be determined, usually early March. Please check PLC section on our website for details.

For more information:

Contact: Disability Officer - Claire Quinn, claire.quinn@gretb.ie

Phone: 091 755464

Email: gcc@gretb.ie

Address: Galway Community College, Wellpark Road, Galway

Website: www.galwaycc.ie



Galway Technical Institute (GTI)

How do we support learners?

We provide QQI Level 5 & 6 courses to over 1,100 learners annually. At GTI, courses are designed to be of immediate and practical use in the workplace or as a stepping stone to further study and higher qualifications. We offer comprehensive careers and progression information, including a counselling service and academic project support. We also have an active disability service which provides guidance, direction and information regarding additional resources for learners who present with additional needs.

We offer over 50 different courses across a range of departments which include: Applied Health & Social Sciences, Art & Design, Business, Fashion, Hairdressing & Beauty, Computing & Engineering, Media, Sport & Recreation, Technology – Design & Engineering and General Studies.

Our Applied Learning approach is designed to enable students to learn more effectively in real-life situations. Applied Learning provides our students with learning experiences that involve solving problems based on real-life situations. GTI's underlying philosophy is about learning collaboratively and applying it to life. This is driven by learner centred activity, a comprehensive assessment schedule managed by a dedicated class teacher and critically, learning to learn.

Facilities at GTI include recording studios, creative digital media laboratories, hairdressing and beauty salons, furniture design workshops, fashion studios, sporting facilities plus a wide range of specialist IT facilities.

Our European Links provide work placements abroad for over 100 GTI students annually. Students currently travel to France, Portugal, Spain, Finland, Italy, Turkey, Scotland and the Canary Islands. These placements are fully funded

and afford students the opportunity to gain valuable work related training in institutions and enterprises throughout Europe.

Graduates of GTI are certified and accredited by nationally and internationally recognised examining and professional bodies. These include: QQI, DES, ITEC, CIBTAC, CIDESCO, City and Guilds and FAI Ireland. Students with disabilities are supported through resources available through the HEA and GTI staff.

"Excellent progression opportunities exist to a wide range of courses in Higher Education Institutions". (www.cao.ie).

"Many students also enter the workplace directly with the qualifications achieved."

For more information:

Phone: 091 581342

Address: Fr Griffin Road, The Claddagh, Galway

Email: info.gti@gretb.ie

Website: www.gti.ie

National Learning Network

Investing in People, Changing Perspectives

Who do we support?

National Learning Network (NLN) provides a range of flexible training courses and support services for people who need specialist support (job seekers, unemployed, people with an illness or disability) in 50 centres around the country. The SOLAS courses and HSE programmes, all of which include work experience, offer nationally recognised qualifications including QQI, ECDL, and ensuring that students are ready to take the next step in getting a job or to go on to further education.

How do we support?

We promote equality by providing world-class training, education and employment access services, and by actively influencing the creation of a more inclusive society.

For more information:

Contact: Patrick Hannon - Area Manager

Phone: 091 756650 / 086 0432617

Email: galway@nlm.ie

Address: NLN Horizon Business Park, Ballybrit, Galway H91XHY2

Website: www.nlm.ie

More detailed information about the courses NLN offer are detailed below and on the following pages.



<https://padlet.com/nlnfreetrainingcoursesgalway/Bookmarks>

Skills For Life - Introductory Skills Training (IST) (Level 3)

This QQI level 3 programme provides learners aged 18 to 23 with personal, social and work related skills that will enable them to progress to greater levels

of employment readiness. Learners will learn to identify their strengths and goals for the future as well as exploring employment or further training opportunities through work experience at a host company. Practical skills training will be delivered using a mix of structured directed training, self-direction and one to one coaching. Training will be tailored to meet individualised training and development needs through individual action planning.

Contact: Breda Reidy – Instructor
Phone: 087 6032351 **Email:** breda.reidy@nln.ie

Fresh Start (Tús Nua) - Introductory Skills Training (Level 4)

This programme provides learners with an environment to achieve greater levels of personal development and vocational exploration, to develop IT and business skills and to explore employment or further education opportunities. Learners will be supported in progressing to higher level programmes within National Learning Network or onto further education or training of their choice. Certification at QQI level 4 is available for all learners.

Contact: Dave Scully – Instructor
Phone: 087 6800926 **Email:** dave.scully@nln.ie

Horticulture Specialist Skills Training (SST) (Level 4)

This QQI Level 4 Programme will provide students with the opportunity to develop the skills and knowledge required to pursue a career of choice in the horticulture industry. The first year of the programme will concentrate on modules designed to give you a solid foundation in horticulture skills, while Year 2 will facilitate you in specialising in a preferred area such as Landscape/Garden Maintenance, Garden Centre Operations, Nursery Operations, Market Gardening or Turf Maintenance.

Contact: Bob Reilly - Instructor
Phone: 086 0455506 **Email:** bob.reilly@nln.ie

Employer Based Training (EBT) – Specialist Skills Training (SST) (Level 4) QQI Level 4 Employment Skills

This Employer Based Training is a QQI Level 4 Employment Skills. A flexible course that enables students to acquire practical skills with a host company in a skill area of their career choice. The course is a blend of on-the-job training three days per week and in-centre training for two days per week. The EBT co-ordinator will support both student & employer while the student is in placed employment. The objective of the course is to support the student to secure employment.

Contact: JJ Byrne – EBT Co-ordinator
Phone: 086 0433304 **Email:** jj.byrne@nln.ie

IT & Business Studies – Specialist Skills Training (SST) (Level 5)

A flexible programme providing students with the opportunity to achieve Information Technology and Business Administration qualifications to QQI level 5. This programme combines centre-based learning with home-based learning and work experience, where students are provided with the necessary information technology, office and personal effectiveness skills to obtain and retain employment or move on to further education. This is supported by home visits, online tutorials, hub and centre based training. All equipment is supplied on loan to the students.

Contact: Kevin Fitzgerald - Instructor
Phone: 086 0432801 **Email:** kevin.fitzgerald@nln.ie

CURRENTLY LOOKING FOR EXPRESSION OF INTEREST FOR NEW GAMING PROGRAMME:

Introduction to Gaming (Level 4)

This free and supported training course blends the creative and technical aspects of game design with app development and coding. Modules include I.T. skills, video-editing, job-seeking skills, and computer programming, offering students a route into one of the fastest growing industries in the world.

Contact: Patrick Hannon - Area Manager
Phone: 091 756650 / 086 0432617 **Email:** patrick.hannon@nln.ie

Who do we support in centre?

This specialised service is designed to meet the needs of an Acquired Brain Injury (ABI) survivor. The main causes of an ABI include road traffic accidents, sporting injuries, physical assaults, and falls, or as a result of illnesses and diseases, such as strokes, brain tumours, brain haemorrhages, hypoxia, and encephalitis, age 18-65 years.

How do we support?

The service addresses such areas as: Brain Injury Management, Cognitive Function (General Cognitive Skills, Attention and Memory), Activities of Daily Living, Personal & Social Development, Health & Well Being, Information Technology, Home & Communication, and Vocational Exploration.

The Quest Team aim to assist individuals to re-acclimate themselves post injury, often enabling a return to work, education, maximisation of independence, and an overall improvement in general function.

Contact: Patrick Hannon - Area Manager
Phone: 091 778850 / 086 0432617
Email: quest@nln.ie
Address: 9a Liosbaun Business Park, Tuam Park, Galway, H91WP9A
Website: www.nln.ie

Quest Head Injury Family Information Services

The Quest Family Support Service (QFSS) is available to all carers of clients known to the service across Galway, Mayo and Roscommon; it provides education information and support through family workshops and information days. The service aims to provide advice and information whilst creating a positive environment to meet others for shared support and shared experiences

Contact: Patrick Hannon - Area Manager
Phone: 091 778850 / 086 0432617
Email: quest@nln.ie

Quest Outreach Brain Injury Services

Who do we support in outreach?

This specialised service is designed to meet the needs of an Acquired Brain Injury (ABI) survivor. The main causes of an ABI include road traffic accidents, sporting injuries, physical assaults, and falls, or as a result of illnesses and diseases, such as strokes, brain tumours, brain haemorrhages, hypoxia, and encephalitis, age 18-65 years.

How do we support?

The service addresses such areas as: Brain Injury Management, Cognitive Function (General Cognitive Skills, Attention and Memory), Activities of Daily Living, Personal & Social Development, Health & Well Being, Home & Communication, and Vocational Exploration.

The Quest outreach Team aim to assist individuals to re-acclimate themselves post injury, often enabling a return to work, education, maximisation of independence, and an overall improvement in general function.

Currently Quest outreach provides services in a variety of locations across Mayo, Roscommon and Galway County. If you require any further information on our outreach service please don't hesitate to contact us.

Contact: Michelle Murray – Outreach Coordinator
Phone: 091 778850 / 086 8150065
Email: quest@nln.ie
Address: 9a Liosbaun Business Park, Tuam Park, Galway H91WP9A
Website: www.nln.ie

Further Information and Services available in Galway

Ability West	Ability West
BOCSI – West Region - Galway Services	Brothers of Charity Services Ireland – Galway Services
Chime	The National Charity for Deafness and Hearing Loss
Citizens Information Service	Citizens Information
Employability	
Galway Centre for Independent Living	Galway Centre for Independent Living
Galway Rural Development	Galway Rural Development
Independent Living Ireland	Independent Living Ireland
GAP	Galway Autism Partnership
Intreo	Department of Employment Affairs and Social Protection
National Advocacy Service	National Advocacy Service
NCBI Working for People With Sight Loss	NCBI



Ability West

enabling people with disabilities

Who do we support?

Ability West provides services and supports to over 610 children and adults with intellectual disability, autism and comorbidities across 13 geographical areas in Galway City and County. Since our establishment in 1962 we have been to the forefront in developing community-based services for people with intellectual disability and autism.

How do we support?

Underpinned by a person centred planning approach, Ability West empowers people with disabilities to live self-directed lives in an equal and inclusive society. Each person is supported and valued within the environment which promotes their overall autonomy, health and well-being and enables them to reach their potential.

Some of the services we provide to adults who attend our service include:

- *Outreach Programmes*
- *Short Breaks*: including centre-based respite, home-sharing and community supports (application for respite in Adult Services is made by parents/guardian and allocation of respite is prioritised according to need)
- *Self-directed supported living*
- *Multi-disciplinary Supports*: service users are referred to the relevant discipline and are prioritised according to need
- *Volunteers*

Services and supports are provided on a needs basis and prioritisation system, as identified through the admission process.

For more information:

Phone: 091 540900

Email: enquiries@abilitywest.ie

Address: Ability West, Blackrock House, Salthill, Galway, H91 R254

Website: www.abilitywest.ie

Get social with us:





Brothers of Charity Services Ireland (BOCSI) – West Region - Galway Services

Who do we support?

The Brothers of Charity Services Ireland – West Region - Galway Services provide a wide range of services to people with intellectual disability and their families in Galway City and County.

How do we support?

We support people to be valued citizens in their local community, to have ordinary life experiences and to be closely connected to family and friends. We are committed to supporting people to make choices about their lives and to the provision of quality services that meet people's needs. Our services range from early intervention for young children through to school age services and a variety of programmes for adults, devised according to the level of support that individuals require and priorities that they identify. Services include educational, day, residential, respite, family support, a range of multidisciplinary support services and supports to individuals who live independently. We aim to support people to lead self-directed lives (SSDL) and to embed the values of social role valorisation (SRV). The core values and principles of New Directions are grounded in our day services.

We provide a range of day services throughout the County in various locations including; Galway City, Costello, Carraroe, Spiddal, Athenry, Ballinasloe, Clarenbridge, Claregalway, Kinvara, Gort, Loughrea and Oranmore.

For more information:

Phone: 091 721400

Email: contact.west@bocsi.ie

Address: Woodlands Centre, Renmore, Galway, H91 KN20

Website: www.brothersofcharity.ie/galway/

Who do we support?

Chime provides a range of specialist supports and services to Deaf and Hard of Hearing (DHH) people and their families. This also includes young people who need additional supports in the area of technology and communication.

How do we support?

We seek to support and work in partnership with other organisations and service providers to make their services fully accessible to DHH people. Our qualified team can communicate through the preferred language of our service user; either Irish Sign Language or English.

We provide a range of supports to individuals, families and organisations. This includes; family support, general information, advice services, assistive technology, hearing aid service and Deaf and Hearing Awareness Training (DAHAT). This is provided through one-to-one assessments, case work or group work.

Chime has a mentoring project for 16-25 year olds, called 'Explore':

The Explore Mentoring Programme was launched by Chime in March 2021. It provides individualised one-to-one mentoring support for young DHH adults, age 16-25 years as they transition from second level to further education, training and/or employment.

The programme Mentors use a person centred approach to inform, guide and map out pathways to reaching, the young DHH adults goals and aspirations for, the future.

They also provide assistance and advice to the many stakeholders that the young DHH adult will engage with along the way e.g. the education sector; vocational training bodies; professional agencies; employers; community & voluntary sector; residential and day services.

For further information or to make a referral please contact the Chime Mentoring team directly (see below) or your local Chime office:

- LAURA DONNELLAN, Chime, 14 Church Street, Tullamore, Co. Offaly, R35 T0C9 E laura.donnellan@chime.ie P 086 464 3455

- JULIANNE GILLEN, Chime, Unit G/H Exchange Hall, Tallaght, Dublin, D24 YW89 E julianne.gillen@chime.ie P 087 969 7304 (SMS)

For more information:

Address: Chime, 9a St. Francis Street, Galway

Phone: 091 564871 or 086 8648659

Fax: 091 564873

Email: galway@chime.ie

Website: www.chime.ie

South Connacht Citizens Information Service CLG

Citizens Information Services (CISs) provide face-to-face services to the public. Galway Citizens Information Service provide free, impartial and confidential information, advice and advocacy services to the public including rights and entitlements in relation to Social Welfare, Health, Consumer, Employment Law, Immigration, Family Law, Education, Taxation and a wide range of other topics.

Galway Locations

Galway City CIC

Galway CIC Office Contact Details

Telephone: 0818 07 7600 Email: galway@citinfo.ie

Augustine House, St Augustine Street, Galway, H91Y7XH

Reception Desk for Galway City

Open: Monday to Friday 9.30am to 5.00pm (closed for lunch 1.00 to 2.00pm). Call in to our office to pick up a form or information booklet and find out more about our information, advice, and advocacy services.

Drop-in Clinic for Galway City

Open: Monday, Tuesday, Wednesday, Friday 10.00am to 1.00pm and Thursday afternoon 2.00pm to 5.00pm. Call in to our office for a short discussion (generally 20 mins) with a member of our team about your situation and to explore your options.

Tuam CIC Office Contact Details

Telephone: 0818 07 7740 Email: tuam@citinfo.ie

Centre for Education and Development Building (CED)
Bru Bhríde, Church View, Tuam Co. Galway. H54 EY24

Reception Desk

Open: Tuesday, Wednesday and Thursday 10am to 1pm call in to our office

to pick up a form or information booklet and find out more about our information, advice, and advocacy services.

Drop-in Clinic

Open: Tuesday, Wednesday and Thursday 10am to 1pm call in to our office for a short discussion (generally 20 mins) with a member of our team about your situation and to explore your options. No appointment necessary, however access may be limited during peak times.

Rosmuc CIC

Tel: 0818 07 7600 Email: galway@citinfo.ie
Rosmuc Innovation Centre, Rosmuc, Ionad Fiontair
Rosmuc, Co. Galway. 996G+289 Keeloges Old, County Galway

Reception Desk

Open: Thursday 11.00am - 1.00pm and 2.00 - 5.00pm call in to our office to pick up a form or information booklet and find out more about our information, advice, and advocacy services.

Drop-in Clinic

Thursday 11.00am - 1.00pm and 2.00pm - 5.00pm Call in to our office for a short discussion (generally 20 mins) with a member of our team about your situation and to explore your options. No appointment necessary, however access may be limited during peak times.

Clifden CIC

Tel: 0818 07 7600 Email: clifden@citinfo.ie
c/o Connemara Credit Union Ltd. Top Floor, Sea View, Clifden
Co. Galway. H71 AX57

Reception Desk

Open Fridays 11am - 1.00pm / 2pm - 5pm. Call in to our office to pick up a form or information booklet and find out more about our information, advice, and advocacy services.

Drop-in Clinic

Open Fridays 11am - 1.00pm / 2pm - 5pm. Call in to our office for a short discussion (generally 20 mins) with a member of our team about your situation and to explore your options. No appointment necessary, however access may be limited during peak times.

Citizens Information Phone Service: [0818 07 4000](tel:0818074000)
Website: www.citizensinformation.ie



EmployAbility Galway

Who do we support?

EmployAbility Galway is a not for profit company funded by the Department of Social Protection. We support job-seekers with disabilities, mental health difficulties and people in recovery from illness or injury in the Galway City and County area to find and maintain employment. We also support employers to integrate people with disabilities into their workplaces.

Entry criteria: Clients must be willing and able to work a minimum of 8 hours per week, be able to progress to independent employment by the end of an 18-month period, and be between the ages of 18 years and 65 years. Clients are required to be job ready, as our goal is to support you in finding a paid job, and help you become independent in that role so you are able to work independently without our support. Job readiness is defined by the Department of Social Protection as having the necessary training, motivation, education and ability to progress to work.

How do we support?

We provide a four stage support service

1. Profiling and Career Planning
2. Job Search
3. Employed with Support
4. Working Independently

For more information:

Contact: Peter McWilliams
Phone: 086 3800444
Email: peter@employabilitygalway.ie
Website: www.employabilitygalway.ie

Galway Centre for Independent Living

Who do we support?

Galway Centre for Independent Living provides supports to people with disabilities in Galway City and County.

How do we support?

Galway Centre for Independent Living (GCIL) is a not-for-profit organisation. For over 29 years, we have been successfully providing professional services which facilitate a person's choice to continue living independently in their own home and to participate in society.

Services provided include:

Personal Care Assistants for people with disabilities

- A Personal Assistant Service is the cornerstone in achieving independent living.
- A Personal Assistant assists the Service User in all aspects of daily living. This assistance is given at the direction and discretion of the person with disabilities, to ensure that they can engage in independent living and apply self-determination and control over their own life. The role of the Personal Assistant is personalised to the requirements of the individual and may include assisting with personal and domestic care needs, social, educational or work activities.
- Galway Centre for Independent Living is the employer of the Personal Assistant, but the Leader takes on the role of their day-to-day line manager. This means that the Leader (Client) will take on the direct supervision and on-the-job training of the Personal Assistant to ensure that their requirements are met.

Home Care Services:

- Personal care such as assistance getting out of bed; assistance with dressing; assistance with toileting & personal hygiene
- Respite care
- Housekeeping
- Preparing meals
- Organising household matters
- Convalescence
- Medication prompting
- Errands

Services are flexible and Person Centred which puts the individual and/or family member, at the centre of the service ensuring your personal plan is based upon your views, wishes and choices. All our Home Care Staff are trained and fully vetted.

Education Support

Galway Centre for Independent Living provides an Educational Support Assistant Service to people with disabilities in Galway City and County. This assistance is given at the direction and discretion of the Service User (Leader), to ensure that they can engage in educational activities which further enhances independent living and facilitates the individual applying self-determination and control over their own life. The role of the Educational Support Assistant is personalised to the requirements of the individual Leader and may include:

- Attending lectures and assisting with note taking
- Assisting with projects
- Navigating around campus
- Personal care assistance e.g. lunches, hygiene
- Research assistance

Accessible Transport Service

Galway Centre for Independent Living provides a subsidised, accessible transport service for people with disabilities and people with mobility issues in Galway City and County. The Accessible Transport Service is available to people who have a disability or a mobility issue who sign up as Transport Club Members

- Transport Club Membership

- Members enjoy door to door service
- Rates for usage of the service varies depending on the journey so please contact the office for details.
- Drivers are professional, friendly, GLUAIS trained and Garda vetted
- Service available weekdays 9am to 5pm, 9am to 4pm Fridays.

For more information:

Phone: 091 773910

Email: mail@gcil.ie

Address: Unit 53 Briarhill Business Park, Briarhill, Galway

Website: www.gcil.ie



Galway Rural Development

Who are we?

Galway Rural Development was established in July 1994. It is a limited company and its directors represent statutory agencies, social partners, business, farming, community and voluntary sectors. Our staff are based in Athenry and several other locations throughout the county.

Who do we support?

Galway Rural Development supports groups and individuals who experience social exclusion, marginalisation and discrimination by providing the opportunity for training, education and employment.

How do we support?

Galway Rural Development offers a number of programmes including:

Social Inclusion and Community Activation Programme (SICAP)

SICAP is a social inclusion programme, and the current programme has been extended through to the end of 2023. SICAP addresses high and persistent levels of deprivation through locally-led targeted and innovative approaches. It targets and supports those who are disadvantaged in Irish society and less likely to use mainstream services and assists both individuals and groups. It runs labour market training for Safe Pass, HACCP, First Aid and Manual Handling as well as community education including IT. It has an Education Officer working in close collaboration with schools and school age children and also a Youth Employment Officer whose remit is to work with 15 – 24 year old young people.

LEADER

LEADER is an EU Rural Development Programme designed to support activities and improve quality of life in rural areas. The Transitional LEADER Programme came into effect on 1st April 2021. It will bridge the gap between

the wind-up of the 2014-2020 LEADER Programme and the start of the next EU LEADER programme which is not likely to commence until 2023. It provides capital funding supports, research and development grants, and funds specialised training to community groups and innovative small businesses.

Rural Social Scheme

The Rural Social Scheme (RSS) is aimed at low-income farmers and fishermen/women. To qualify for the RSS, you must be getting a social welfare payment. Participants under the scheme work 19.5 hours per week and receive a top up on their payments. In return, people participating in the RSS provide services that benefit rural communities. If permission is given by the herd owner, then partners, sons and daughters who are also in receipt of any of the above payments may also qualify. Please note that the herd number may only be used once.

Tús

Tús is an activation initiative for those who are unemployed and aims to provide short-term quality working opportunities for a year, while at the same time carrying out beneficial work within the community. The Department of Social Protection will identify and contact persons on the Live Register who satisfy the criteria and offer them the opportunity to be considered for placement. GRD maintains a panel from which people will be matched and recruited as placement opportunities arise.

Community Employment Scheme

The CE Scheme is designed to help people who are in receipt of a social welfare payment for one year or more to re-enter the active workforce. One of the main features of the CE Scheme is that it offers participants the opportunity to engage in accredited training, while at the same time partaking in useful work for Community Groups.

For more information:

Phone: 091 844335

Email: info@grd.ie

Address: Mellows Campus, Athenry, Co Galway.

Website: www.grd.ie

Galway Autism Partnership



Who do we support:

Galway Autism Partnership is a community-based charity which provides services and support to autistic people and their families living in Galway city and county. Our membership consists of autistic children and adults, parents, family members, teachers, volunteers and those working in partnership with the autistic community.

How do we support?

- Social clubs and activities for children, teens and adults
- A full schedule of summer and midterm clubs and camps for children and teens
- Family and peer support
- Wellbeing Programmes for parents & guardians
- Therapeutic supports for individuals and families
- Weekly Parent & Carer support group
- Phone, email and in-person support
- Information and advice for parents, guardians & individuals
- Community Events and Family Days including Easter, Summer & Christmas events
- Organisational Training & Awareness Building
- Primary & Secondary School Presentations & Information Talks
- Workplace & Corporate Training

For More Information:

Contact: Galway Autism Partnership

Phone: 091588899

Address: Tigh Ronáin, 36 Laurel Park, Newcastle, Galway

Email: gm@galwayautismpartnership

Website: <https://galwayautismpartnership.com>

Events Page Link: <https://www.gapsummercamps.com/>



Independent Living Ireland Ltd.

Who do we support?

People of all ages with physical and intellectual disabilities/ the elderly/ dementia sufferers.

How do we support?

We provide assistive technology and telecare services to enable people to live more independently. Modern technologies can improve mobility, health and well-being and provide safety and security in and around the home.

Mobile systems encourage activity outside the home and also improve links to the wider community. We assess the property to ascertain what equipment or supports are needed along with the family/individual. Once the assessment is complete a plan is drawn up and assistive technology installed that will alert family/carers in the case of an emergency.

Alongside our technology supports, our Amicitia social hub provides a space for participatory initiatives to take place. This hub includes a community garden, markets, a plastics recycling centre and our new pottery workshop opened in partnership with the Vision Arch Club. Contact us to get involved in projects from the hub.

For more information:

Contact: Billy Mulvihill
Phone: 091-877007
Mobile: 087 927 2308
Email: billy@independentlivingireland.ie
Address: Old Church Street, Athenry, Co. Galway
Website: www.independentlivingireland.ie



Intreo

Who are we?

Intreo, is the Irish Public Employment Service and is part of the Department of Social Protection.

Who do we support?

All citizens.

How do we support?

Intreo is a single point of contact for all employment and income supports. Intreo provides a streamlined approach to employment and income supports available from the Department. Intreo offers practical, tailored employment services and supports for both jobseekers and employers. Intreo also provides access to a range of supports for people with disabilities who are seeking employment and/or returning to education.

For more information:

Phone: 091 500800 or (0818) 927999

Website: www.intreo.ie



National Advocacy Service for People with Disabilities

Who do we support?

People with disabilities.

How do we support?

The National Advocacy Service (NAS) for People with Disabilities provides an independent, confidential and free representative advocacy service that works exclusively for the person using the service and adheres to the highest professional standards. NAS works to ensure that when life decisions are made, due consideration is given to the will and preference of people with disabilities and that their rights are safeguarded.

For more information:

Phone: 0818 07 3000.

Address: National Advocacy Service - Western Region,
Westside Resource Centre,
Seamus Quirke Road,
Galway



NCBI – Working for People with Sight Loss

Who are we?

NCBI Working is the national sight loss organisation, working for people with sight loss. We provide practical and emotional support, rehabilitation services and other training designed to help people with sight loss to live independently.

What we do?

NCBI offers community-based services to help people to adapt to sight loss and maintain their independence. Some of these services include; low vision solutions, advice and information on all aspects of vision loss, emotional support, orientation & mobility training, assistive technology advice and training as well as practical support and solutions to the challenges encountered by people with vision loss.

How do I make a referral to NCBI?

Anyone can make a referral to NCBI through our online referral system on the NCBI website www.ncbi.ie. If you would like more information about the referral process please contact the NCBI Infoline for further details.

For More Information:

Infoline: 1800 911 250 (Office hours: Mon-Fri 9am-5pm)

Address: NCBI Galway, Odeon House, Eyre Square, Galway

Website: www.ncbi.ie **NCBI Services Leaflet:** www.ncbi.ie/services-booklet/

Glossary of terms

Community Healthcare West: Supports people in the western region, involving Galway, Mayo and Roscommon.

Day Services Team: Is the name of the group of people who are employed by the HSE to support people with a disability to find the training or support service that will meet their needs. The Team work closely with Service Providers across Galway City and County.

Day Services Opportunities and Guidance Service (DSOGS): The HSE Day Services Opportunities and Guidance Service helps people with a disability to find the training option or support service that best suits their needs.

Rehabilitative Training (RT): are training courses funded by the HSE to develop life skills, social skills, and basic work skills for people with intellectual disabilities, autism, or people with physical disabilities. The courses usually last from two to three years. These courses can be a stepping stone to more mainstream education, training options or day services.

Day Service: are HSE funded programmes which provide a person centred approach governed by New Directions. Day Services are available to people over the age of 18, with intellectual disabilities, autism, or people with physical and sensory disabilities. The programmes assist people to make choices and plans and to be an active, independent member of the community. Service Providers have individual service entry criteria which your DSOGS can assist you with.

New Directions: is the HSE's approach to supporting adults with disabilities who use day services in Ireland. New Directions sets out twelve supports that should be available to people with disabilities using 'day services'. It proposes that 'day services' should take the form of individualised outcome-focussed supports to allow adults using those services to live a life of their choosing in accordance with their own wishes, needs and aspirations

Profiling: Profiling has been developed to determine the supports that an individual will need in order to avail of a HSE funded Day Service or Rehabilitative Training (RT) place in 2023.

Multidisciplinary Team: This may include Physiotherapist, Occupational Therapist, Psychologist, Nurse, Behaviour Support Therapist, Social Worker, Speech and Language Therapist that you may have linked with and are currently supporting you.

Children's Disability Network Team (CDNT): This team includes various health and social care professionals, who deliver therapeutic services for children with disabilities (0-18years).

Service Provider: organisations that provide services (in this context) to people with disabilities (ie. Ability West, RehabCare, Brothers of Charity Services Ireland, Irish Wheelchair Association etc).

NOTES

